

A grayscale photograph of three people (two women and one man) sitting around a table in a meeting room, looking towards the right. The image is semi-transparent and serves as a background for the top section of the page.

PROGRAM OVERVIEW

ORIENTATION CALL

Join us to meet your colleagues / learn about the program schedule / receive your pre-work and get any last minute questions answered.

SESSION SCHEDULE

Each week consists of 3 components:

- Tuesday Coaching Clinic: at these sessions your Roundtable Master Coach will cover key concepts and receive your 'homework' and practicum assignments for the week.
- Practicum Session: in this session, you'll put concepts into practice with your peer practicum group. *Note: your practicum group will determine the timing of these sessions but all sessions must be completed within the week of the Coaching Clinic.
- Application Assignment: Each week you will have clear assignments to move your group coaching program and skillset forward.
- You will also receive 3 individual coaching sessions that will be scheduled with you over the duration of the program.

WEEK 1

The Foundations of Group Coaching - trust, vulnerability and psychological safety

Practicum 1 - Trust building applications. Feedback and Reflection.

Homework - Complete stage 1 of your group coach program design: audience and intention

WEEK 2

Coaching Groups - the four skills of group coaching and learn two frameworks for coaching groups

Practicum 2 - Practice group coach frameworks. Feedback and reflection.

Homework - Complete stage 2: craft your program framework

WEEK 3

Designing Coaching Clinics that Engage - create content that delivers impact using the 'Big 3'

Practicum 3 - Get coaching on your program inline. Feedback and reflection.

Homework - Complete stage 3: create the first draft inline for your group coaching program

WEEK 4

Design Your Session Pt2 - the fine points of building engaging group coaching content

Practicum 4 - Open coaching forum skills practice. Feedback and reflection.

Homework - Complete stage 4: Design a clinic for your group program.

Individual Coaching Session to review program design

WEEK 5

You as a Coach - explore your personal coaching energy and biases using the IDITM Motivator Assessment

Practicum 5 - Practice coaching scenarios. Feedback and reflection.

Homework - Complete stage 5: Continue to design your program content outline

WEEK 6

Pulling Your Program Together - group dynamics, evaluating impact through benchmarking, results and sustainability

Practicum 6 - Peer coaching rounds and practice. Feedback and reflection.

Homework - Complete stage 6: Create your program baseline, mid point and evaluation surveys

WEEK 7

Enrolling Your Group - sales, marketing and positioning

Homework - Complete stage 7: Develop your enrollment funnel and onboarding strategy

WEEK 8

Peer Demos - Share an element of your program with the group and practice your group coaching skills. Observation and feedback.

Homework - Book your individual 1:1 meetings to review your sales and marketing plans

WEEK 9

Peer Demos - Share an element of your program with the group and practice your group coaching skills. Observation and feedback.

Program wrap up and reflection

Homework - Finalize any required content

POST PROGRAM SUPPORT

Following the program, you will have 3 months of 2 hour month supervision calls. Bring your questions, challenges and connect with community.